



ST. PAUL'S LUTHERAN CHURCH

460 McBride Street, Prince Rupert, B.C

Office Phone: 624-4164 Email: stpauls@citywest.ca

Church Website: stpaulsprincerupert.com

Pastor: Diana S. Edis Home: 250 622-2725

Pastor's email: pastor2stp@gmail.com

Offering email (E-transfer): offering2stpauls@citywest.ca

10th Sunday after Pentecost August 1, 2021

Worship 11:00 AM

Minister: Rev. Diana Edis

Musician: Sheryl Proskiw

Videographer: George Edis

Reader: Pat Rogers

Usher: Pat Cristiano

Worship is live streamed on our Facebook page: <https://www.facebook.com/princerupertlutheran/>. You do not need a Facebook account to worship. You may also view the service later on our YouTube channel after it is uploaded: https://www.youtube.com/channel/UCMY5N1JmPn41_R5_Xahok_w?view_as=subscriber

Welcome to St. Paul's Lutheran Church. Apparently not satisfied by Jesus' feeding of thousands, some who were there press him for a sign of his power; perhaps it is daily manna they want. As always in John's gospel when people want a sign, Jesus offers himself. He is the bread come from heaven to give life to the world. He calls us to come to him and believe in him, and through that relationship to know the one who sent him.

Weekly Prayer Petitions

Local: Seafarer's Mission – Chaplain Zetho Ante

Synod Parishes: Shepherd of the Valley Lutheran in Langley – Rev. Kristen Steele, Hope Lutheran Shared Ministry in Mackenzie

Anglican/Lutheran Joint Prayers: ACC –The Spiritual Ministry of Mishamikoweesh

ELCIC – Dean, council and congregations of the Southern Area of the Synod of Alberta and Territories.

Discipleship Opportunities

1. We welcome the congregation of Redeemer Lutheran Church in Vancouver as they join us today! Their pastor, Rev. Katrina Vigen is on parental leave and they have been visiting other congregations for worship in the interim. Pastor Diana is also providing distanced pastoral care for the congregation during the summer.

2. Tomorrow night, August 2, is the last gathering for our book study on *How to Be an Anti-Racist* by Ibram X. Kendi. We meet at 7:00 by Zoom. Please invite friends near or far to join us. The link is:

<https://us02web.zoom.us/j/81341744134?pwd=WC9WcHJqU3hncThieW00bGZuZiRxdz09>

Meeting ID: 813 4174 4134

Passcode: 379918

3. The Pastor is Public at Javadotcup, Wednesdays from 9:30 - 11:30AM. We will have both Zoom and in-person access for those who aren't able to join in person. You can join Zoom at:

<https://us02web.zoom.us/j/87222984486?pwd=OHFicWZySkR1dHNpeklqMzU4RlJWUT09>

Meeting ID: 872 2298 4486

Password: 263906

4. The **2021 BC Synod Convention** will be online this year, **Oct. 21 - 24, 2021**. In addition to Pastor Diana we may have one lay representative. We will attend the Zoom meeting from church so that the Pastor and lay member can attend together. Please let Council Chair, Laurie Cullen know if you are available and interested.

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* Our Bible readings are taken from the **New Revised Standard Version**, covered under AF license number SB157842.

Announcements

Confession and Forgiveness

L: Blessed be the holy Trinity, † one God, the God of manna, the God of miracles, the God of mercy.

C: Amen.

L: Drawn to Christ and seeking God's abundance, let us confess our sin.

Silence is kept for reflection.

L: God, our provider,

C: help us. It is hard to believe there is enough to share. We question your ways when they differ from the ways of the world in which we live. We turn to our own understanding rather than trusting in you. We take offense at your teachings and your ways. Turn us again to you. Where else can we turn? Share with us the words of eternal life and feed us for life in the world. Amen.

L: Beloved people of God: in Jesus, the manna from heaven, you are fed and nourished. By Jesus, the worker of miracles, there is always more than enough. Through Jesus, † the bread of life, you are shown God's mercy: you are forgiven and loved into abundant life.

C: Amen.

Gathering Hymn

What Feast of Love

No. 487



1 What feast of love is of - fered here, what ban - quet come from heav - en?
2 What light of truth is of - fered here, what cov - e - nant from heav - en?
3 What wine of love is of - fered here, what crim - son drink from heav - en?



What food of ev - er - last - ing life, what gra - cious gift is giv - en?
What hope of ev - er - last - ing life, what won - drous word is giv - en?
What stream of ev - er - last - ing life, what pre - cious blood is giv - en?



This, this is Christ the king, the bread come down from heav - en.
This, this is Christ the king, the sun come down from heav - en.
This, this is Christ the king, the sweet - est wine of heav - en.



Oh, taste and see and sing! How sweet the man - na giv - en!
Oh, see and hear and sing! The Word of God is giv - en!
Oh, taste and see and sing! The Son of God is giv - en!

L: The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.
And also with you.

Canticle of Praise

Pg. 204 (vs 2)



1 Glo-ry be to God in heav-en; peace, good-will to all the earth.
2 Glo-ry be to Christ for - ev - er, Lamb of God and Lord of love.
3 Ho - ly One we now ac-claim you; Lord a - lone, to you we call;



Might-y God of all cre - a - tion, Fa - ther of sur - pass - ing worth:
Son of God and gra-cious Sav - ior, you have come from heav'n a - bove;
Ho - ly One in faith we name you, God most high, yet near to all:



we ex - alt you, we a - dore you, we lift high our thanks and praise.
on the cross you died to save us; now you reign at God's right hand.
Je - sus Christ, with God the Spir - it, in the Fa - ther's splen - dor bright.



Saints and an - gels bow be - fore you; here on earth our songs we raise.
Hear our prayer; re - store, for - give us; in your prom - ise firm we stand.
For the peace that we in - her - it, glo - ry be to God on high!

L: Let us pray together our Prayer of the Day.

C: O God, eternal goodness, immeasurable love, you place your gifts before us; we eat and are satisfied. Fill us and this world in all its need with the life that comes only from you, through Jesus Christ, our Savior and Lord. Amen.

Our first reading is from Exodus, beginning at the 16th chapter

16:2-4, 9-15

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger."

Then the LORD said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not."

Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the LORD, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked

toward the wilderness, and the glory of the LORD appeared in the cloud. The LORD spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.'"

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the LORD has given you to eat."

The word of the Lord.

Thanks be to God.

We read Psalm 78:23-29 responsively: (*leader reads the light print, congregation reads the bold*)

So God commanded the clouds above and opened the doors of heaven,
raining down manna upon them to eat and giving them grain from heaven.

So mortals ate the bread of angels; God provided for them food enough.

The LORD caused the east wind to blow in the heavens and powerfully led out the south wind,
raining down flesh upon them like dust and flying birds like the sand of the seas,
letting them fall in the midst of the camp and round about the dwellings.

So the people ate and were well filled, for God gave them what they craved.

Our second reading is from Ephesians beginning at the 4th Chapter

4:1-16

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all.

But each of us was given grace according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people." (When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

The word of the Lord.

Thanks be to God.



Al - le - lu - ia! Lord and Sav - ior: o - pen now your sav - ing word.



Let it burn like fire with - in us; speak un - til our hearts are stirred.



Al - le - lu - ia! Lord, we sing for the good news that you bring.

The holy gospel according to John, beginning at the 6th chapter
Glory to you, O Lord.

6:24-35

When the crowd saw that neither Jesus nor his disciples were [beside the sea,] they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always."

Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

The gospel of the Lord.

Praise to you, O Christ.

Sermon

Rev. Diana Edis

Hymn of the Day

I Am the Bread of Life

No. 485 (vs 1,2,5)

Leader or All

1 "I am the Bread of life. You who
 2 "The bread that . . . I will give is my
 3 "Un - less . . . you . . . eat of the
 4 "I am the res - ur - rec - tion, . . .
 5 Yes, Lord, . . . I be - lieve that . . .

come to me shall not hun - ger, and who be -
 flesh for the life of the world, . . . and if you
 flesh of the Son of Man . . . and . . .
 I . . . am the life. . . If you be -
 you . . . are the Christ, . . . the . . .

lieve in me shall not thirst. No one can come to
 eat . . . of this bread, you shall . . live for -
 drink . . . of his blood, and drink . . . of his
 lieve . . . in . . . me, e - ven . . though you
 Son . . . of . . . God, who . . . have . . .

me un - less the Fa - ther beck - ons."
 ev - er, . . . you shall live for - ev - er."
 blood, you shall not have life with - in you."
 die, . . . you shall live for - ev - er."
 come in - to . . . the . . . world. . .

Refrain
 All

"And I will raise you up, and I will raise you up,

and I will raise you up on the last day."

Text: Suzanne Toolan, RSM, b. 1927, based on John 6
 Music: I AM THE BREAD, Suzanne Toolan, RSM
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I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the power of the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

**I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.
Amen**

Prayers of Intercession: (petition response: L: Lord, in your mercy,
C: hear our prayer.)

L: The peace of Christ be with you always.
And also with you.

Offering

*Offerings may be mailed to the church or placed in our locked mailbox.
In Canada you may send e-transfers to offering2stpauls@citywest.ca.*

You may also give electronically through CanadaHelps at St.Paul's Lutheran, Prince Rupert or by using the "Donate" button on our church website.

Offering Prayer

Let us pray, Jesus, Bread of life, you have set this table with your very self, and called us to the feast of plenty. Gather what has been sown among us, and strengthen us in this meal. Make us to be what we receive here, your body for the life of the world.

Amen.

We enter into a time of communion. All people are invited to join in God's meal, however you may choose whether or not to participate. If you hear the call of the Holy Spirit inviting you, please respond. If you would like to learn more about communion you may call the church and speak with the pastor about its significance. You at home may prepare bread and wine or juice in advance of communion. You may wish to set up a small home altar for this purpose, using: a cross, a candle, an image of Christ (called an icon), and the bread and beverage if you feel so called. When the bread and beverage are offered by the pastor and you eat and drink you may respond, "Amen." Those worshipping online in the same household are encouraged to serve one another.

L: The Lord be with you.

C: And also with you.

L: Lift up your hearts.

C: We lift them to the Lord.

L: Let us give thanks to the Lord our God.

C: It is right to give our thanks and praise.

L: It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise to you, almighty and merciful God, through our Savior Jesus Christ; who on this day overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. And so, with all the choirs of angels, with the church on earth and the hosts of heaven, we praise your name and join their unending hymn:

Ho - ly, ho - ly, ho - ly Lord, God of pow-er and might,
 heav'n and earth are full of your glo-ry. Ho-san - na in the high - est.
 Bless - ed is he who comes in the name of the Lord. Ho -
 san - na in the high - est, ho - san - na in the high - est.

L: Blessed are you, O God, creator of heaven and earth. You rescued your covenant people, led them on all their journeys, and taught them by the prophets. You so loved the world that you gave your only Son, so that everyone who believes in him may not perish but may have eternal life.

In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying:
 This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.

As often as we eat this bread and drink this cup, we proclaim the Lord's death until he comes.
Christ has died. Christ is risen. Christ will come again.

Pour out your Holy Spirit in this meal, and make us one in this community of faith and with your people throughout the world. Glory and praise to you, O God, Author of life, Word made flesh, Power of the Most High, now and forever.

Amen.

L: Gathered into one across time and space by the Holy Spirit, let us pray as Jesus taught us, using whatever version of that prayer comforts you. We pray:

**Our Father in heaven, hallowed be your name,
 your kingdom come, your will be done, on earth as in heaven.
 Give us today our daily bread.
 Forgive us our sins as we forgive those who sin against us.
 Save us from the time of trial and deliver us from evil.
 For the kingdom, the power, and the glory are yours,
 now and forever. Amen.**

L : If the Holy Spirit calls you to this feast of bread and wine or juice, I invite you who are present and you in far flung places to receive that which has been prepared, scattered yet gathered together around the table of God. Although we may be separated at this time by distance, we are united, made whole in the body of our Lord. Taste and see that the Lord is good.

Communion

The body and blood of our Lord and Saviour strengthen you to eternal life.

C: Amen

Let us pray,

Jesus, Bread of life, we have received from your table more than we could ever ask. As you have nourished us in this meal, now strengthen us to love the world with your own life. In your name we pray.

Amen.

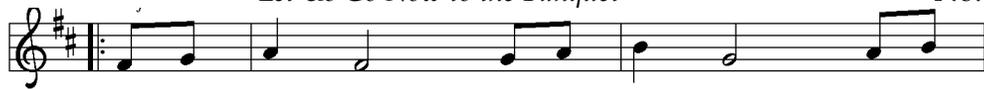
The blessing of God, who provides for us, feeds us, and journeys with us, † be upon you now and forever.

Amen.

Sending Hymn

Let Us Go Now to the Banquet

No. 523



Va - mos to - dos al ban - que - te, a la
Let us go now to the ban - quet, to the



me - sa de la crea - ción; ca - da cual con su ta - bu -
feast of the u - ni - verse. The ta - ble's set and a place is



re - te tie - ne un pues - to y u - na mi - sión.
wait - ing; come, ev - 'ry - one, with your gifts to share.



1 Hoy me le - van - to muy tem - pra - no; ya me es -
1 I will rise in the ear - ly morn - ing; the com -
2 God in - vites all the poor and hun - gry to the
3 May we build such a place a - mong us where all



pe - ra la co - mu - ni - dad; voy su - bien - do a le - gre la
mu - ni - ty's wait - ing for me. With a spring in my step I'm
ban - quet of jus - tice and good where the har - vest will not be
peo - ple are e - qual in love. God has called us to work to -



Refrain / Estribillo
cues - ta, voy en bus - ca de tu a - mis - tad.
walk - ing with my friends and my fam - i - ly.
hoard - ed so that no one will lack for food.
geth - er and to share ev - 'ry - thing we have.

2 Dios invita a todos los pobres
a esta mesa común por la fe,
donde no hay acaparadores
y a nadie le falta el conqué. Estribillo

3 Dios nos manda a hacer de este mundo
una mesa donde haya igualdad,
trabajando y luchando juntos,
compartiendo la propiedad. Estribillo

Text: Guillermo Cuéllar, b. 1955, *Misa popular salvadoreña*; tr. Bret Hesla, b. 1957, and William Dexheimer Pharris, b. 1956
Music: VAMOS TODOS AL BANQUETE, Guillermo Cuéllar, b. 1955
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Go in peace. You are the body of Christ.

Thanks be to God.